



## COMPLIMENTARY SPA CONSULTATION

Please invite one of our Spa Experts to consult in your Suite and assist you in choosing the correct treatment or program to ensure you achieve your desired outcome.

## MEMORABLE OCCASIONS

### ROMANTIC MOONLIGHT SWIM

AED

This journey of pure romance commences with a truly relaxing couples massage followed by a secluded moonlight swim in our private infinity pool finishing with Champagne and Roses and gifted with monogrammed Burj Al Arab Bath Robes as a keepsake of your celebration.

7,000

### THE GIFT OF SPA

Spoil your special person with an Assawan Spa Gift Voucher. Choose from any one of our Menu of Treatments and Services, Packages and Programs to gift the opportunity of experiencing the Ultimate Destination in Wellbeing, Relaxation, Rejuvenation.

### ASSAWAN SPA TEA

Complete your Ultimate Spa Journey in our Relaxation Lounge whilst you sit back, relax and enjoy a fine selection of gourmet treats from Assaawan Spa Cuisine served on the famous Burj Al Arab Tower accompanied by your choice of fresh juice, coffee or herbal tea infusion. Champagne is available upon request .

245

Assawan Spa Tea can accompany any one of our treatments, packages or programs to complete your Ultimate Spa Experience in true Burj Al Arab style.

### RELAXATION FOR THE SOUL

Chakra Balancing Hot Stone Massage + Assawan Spa Tea

1,050

Wellbeing Full Body Massage + Assawan Spa Tea

800

Organic Herbal Bag Massage + Assawan Spa Tea

900

### BRIDAL & WEDDING PACKAGES

AED

#### Ultimate Wedding Package

A comprehensive program working with our team of specialist trainers, nutritionist and beauty therapists to prepare you for your special day. Choose from a dedicated 6 week or 12 week program including Nutrition, Fitness, Beauty and Spa Treatments.

price on request

#### Beautiful Bride Package

Spend the day before your wedding in complete relaxation whilst we prepare you from head to toe. Includes Bridal Consultation, Facial, Body Treatment, Bridal Manicure & Pedicure. Choose from Platinum, Gold, Caviar, Pure or Organic treatments.

from 2,000

#### Wedding Bliss Package

Plan and prepare for your special day in the weeks leading up to your wedding as we work together to ensure you are radiating vitality, perfect body and glowing skin. Includes Bridal Consultation and Beauty for Life Program including Glowing Skin Analysis, facials and body treatments tailored specifically to you. Choose from Platinum, Gold, Caviar, Pure or Organic treatments.

from 7,000

#### Bridal Manicure & Pedicure

995

# WELLBEING FOR LIFE

---

## WELLBEING FOR LIFE PROGRAMS

Work with our team to develop the appropriate program for your needs by combining any of our Food for Life, Fit for Life and Beauty for Life programs.

Ultimate Wellbeing for Life Program	20,000
Ultimate Fitness Program	16,000
Ultimate Fitness Retreat	1,760
Ultimate Rejuvenation Program	from 5,300
Ultimate Relaxation Program	4,300

## BEAUTY FOR LIFE

Combination programs including Glowing Skin and Perfect Body from 5,300

## FITNESS FOR LIFE PROGRAMS

Fitness for Wellbeing	Fitness for Detox
Fitness for Weight Loss	Fitness for Stress Relief
Fitness for Ultimate Fitness	Fitness for Diabetes Care
Fitness for Wedding Bliss	Fitness for Life

AED

from 4,500

## FITNESS ASSESSMENTS & TRAINING

Fitness Assessment 60 minutes	495
Fitness Programming 120 minutes	850
Personal Training Session 60 minutes	395
Fitness Assessment & Programming	1,200
Fitness Assessment & Programming + 10 Personal Training	4,500
Fitness Assessment & Programming + 20 Personal Training	8,000
Group Wellbeing and Fitness Classes Please refer to our weekly session calendar. Group Classes are complimentary for guests & members.	
1-2-1 Mind Body Session	
60 minutes Yoga, Pilates, Meditation - in Studio	450
60 minutes Yoga, Pilates, Meditation - in Suite	795
60 minutes Aqua - in Infinity Pool	480

## RELAXATION

---

### BODY MASSAGE

	AED
Burj Al Arab Aroma Warm Candle Massage & Gift 55 minutes	995
Assawan Around the World Signature Massage 85 minutes	950
Chakra Balancing Hot Stone Massage 80 minutes	950
Wellbeing Body Massage 55 minutes 80 minutes	695 895
Organic Herbal Bag Massage  55 minutes	850
Balinese Massage 55 minutes 80 minutes	750 950
Aromatherapy Massage 55 minutes 80 minutes	795 950
Thai Massage 55 minutes 80 minutes	795 950
Prenatal Massage 55 minutes	695
<b>ZONE THERAPY</b> to target specific areas	
Foot Reflexology Massage 55 minutes	750
Tension Relief Back Massage 45 minutes	595

## REJUVENATION

---

### FOR THE FACE

	AED
Platinum Rare Facial by La Prairie 80 minutes	1,995
Pure Gold Facial by La Prairie 80 minutes	1,195
Caviar Facial by La Prairie 70 minutes	1,195
Eye Bliss Treatment by La Prairie 30 minutes	550
Pure Anti-Ageing Ceremony For Face by THÉMAÉ 80 minutes	895
Organic Environmental Defence Facial by Voya  80 minutes	995

### FOR THE BODY

Caviar Body by La Prairie 80 minutes	1,195
Pure Firm and Tone Ceremony by THÉMAÉ 80 minutes	995
Pure Body Scrub Thé Au Nepal by THÉMAÉ 55 minutes	695
Organic Dry Body Brushing & Massage Ritual by Voya  80 minutes	895
Tangle Me Up Organic Body Wrap by Voya 55 minutes	795
Organic Bladderwrack Seaweed Body Polish by Voya  45 minutes	650

### GLOWING SKIN & PERFECT BODY RITUALS

Extreme Indulgence by La Prairie Caviar Facial + Caviar Body Treatment - 150 minutes	1,950
Pure Deluxe Ceremony Face and Body by THÉMAÉ Pure Anti - Ageing Ceremony For Face + Tension Relief Back Massage - 120 minutes	1,295
Organic Environmental Defence Face & Body by Voya  Organic Environmental Defence Facial + Tangle Me Up Body Wrap 135 minutes	1,600

## BEAUTY ENHANCEMENTS

---

### BEAUTY FOR LIFE AED

Ultimate Rejuvenation Program from 5,300  
Combine your choice of Glowing Skin Program with Perfect Body Program

#### Glowing Skin Programs

Platinum 7,000

Glowing skin analysis + 4 Platinum Rare Facials by La Prairie

Gold 4,000

Glowing skin analysis + 4 Gold Facials by La Prairie

Caviar 4,000

Glowing skin analysis + 4 Caviar Facials by La Prairie

Pure or Organic 3,000

Glowing skin analysis + 4 Pure or Organic Facials

#### Perfect Body Programs

Caviar 4,000

Perfect Body Analysis + 4 Caviar Body Treatments

Pure or Organic 2,300

Perfect Body analysis + 4 x 55 min Pure or Organic Body Treatments

### PRECIOUS SKIN PLATINUM AND GOLD BODY JEWELRY

Gold Tattoo - Small 395

Gold Tattoo - Medium 495

Platinum Tattoo POA

Bridal Designs POA

Artistic Designs POA

### EYE LASH EXTENSIONS from 345

## GROOMING

---

### PERFECT HANDS AND FEET BY LA RIC AED

Perfect Hands & Feet 495  
30 minutes

Executive Manicure & Pedicure 700  
45 minutes

Heavenly Hand & Foot Ritual 1,050  
90 minutes

Paraffin wax for hands or feet 100

Nail art for hands by Minx 205

Nail art for feet by Minx 270

Acrylic, gel and gel polish nails are available upon request.

### GROOMING FOR FACE AND BODY

Waxing, tinting, eyebrow shaping and threading are available upon request.

© Certified Organic

---

PO Box 74147, Dubai, UAE.  
Tel: +9714 3017480/7338 Email: BAAassawan@jumeirah.com  
jumeirah.com