



CASTIGLIONE  
DEL BOSCO

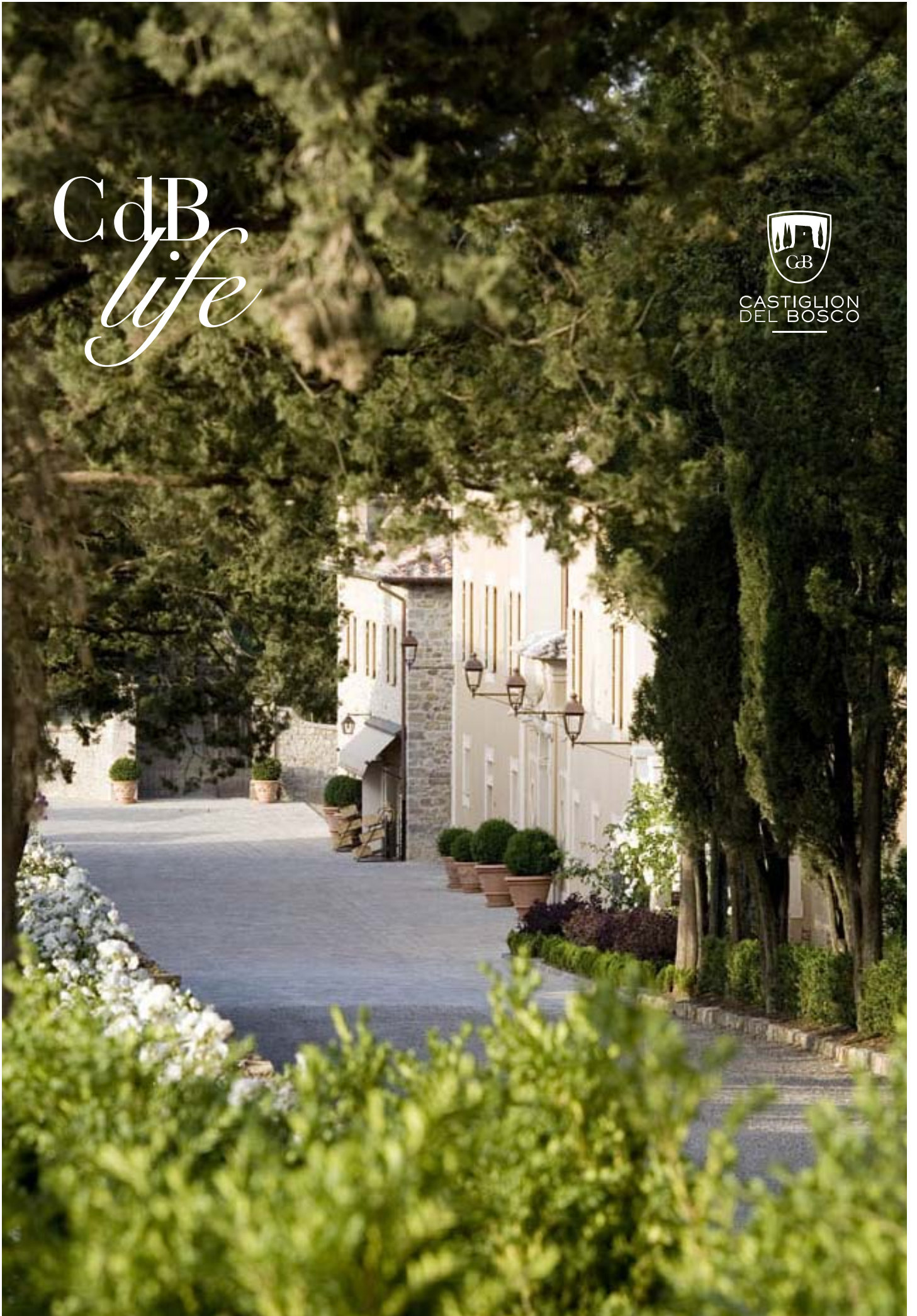
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ACTIVITY GUIDE  
2013

CdB  
*Life*



CASTIGLION  
DEL BOSCO





# GOLF & SPA

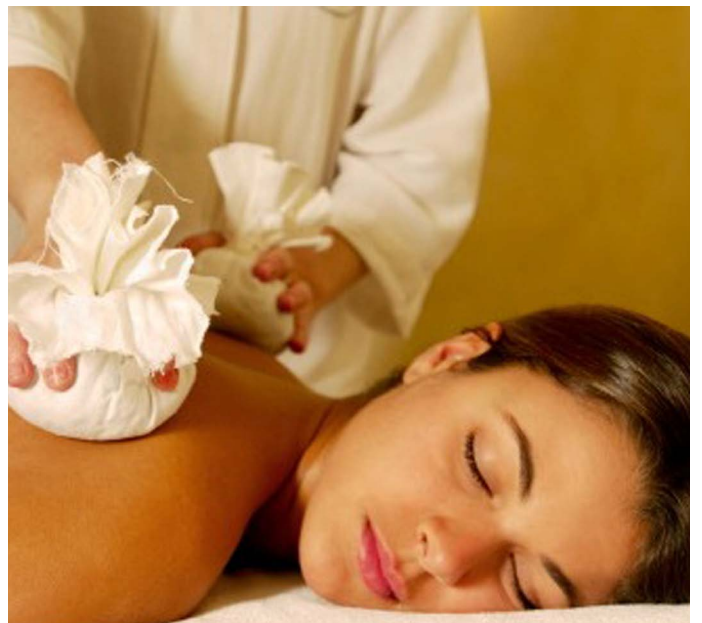
## **Castiglion del Bosco Golf Club \***

Castiglion del Bosco Golf Club is the ultimate expression of Tuscany's appetite for the athletic "good life". The only private Golf Club in Italy where our members, their families and our selected Suite and Villa guests have exclusive access. For more information, please contact our specialized Golf professionals at the Golf Club.

## **Care Suite Spa \***

The Care Suite Spa by Daniela Steiner offers a complete range of exquisite beauty, spa and wellness treatments based on local organic ingredients. We also provide in-suite and in-villa treatments.

Please refer to the Spa brochure for more information or contact the Daniela Steiner Care Suite Spa.



For more information or reservations, please contact our Guest Relations or Guest Services Department.

\* Cancellation policy is 24 hours for internal activities \*\* Cancellation policy is 48 hours for external activities



### **La Canonica Cooking School \***

Our classes are kept deliberately small and private in order to guarantee personal attention and hands-on involvement, designed for you to learn traditional Tuscan dishes or how to make fresh pasta or the authentic Italian pizza. At the end of each session, you will be tested by the most sophisticated judges, yourself!

*Number of participants: 1 to 6.*

*Minimum age: 12, 18 if not with an adult.*

*Price: € 200 p.p.*

### **Picnic In The Vineyards \***

Hike along panoramic trails, immersed in nature and surrounded by stunning views; enjoy an authentic picnic on the patio overlooking the hills covered by our vineyards.

This experience can also be arranged in your private villa.

*Price: € 80 p.p.*

# FOOD & WINE

### **The Castiglion del Bosco Wine Experience \***

Exploring the process “From Grape To Wine”, is a very special opportunity as you will have the chance to follow every step of the wine-making art. You will be exploring the whole process visiting the vineyards, the cellar and the ageing room, ending the tour with a tasting of six of our wines accompanied by professional guidance through every step of the tour.

This unforgettable experience can be enriched with a “Barrel Tasting” which will give you the unique chance to taste two vintages of not yet released Brunello directly from our French oak barriques.

*Price: € 70 p.p. (€ 20 p.p. to be added for the barrel tasting).*

### **The Grand Tasting \***

This extraordinary vertical tasting of seven of our remarkable Brunello di Montalcino is a must for wine lovers visiting Tuscany and seeking an unforgettable wine experience. Starting with a tour of our winery, the tasting is held in our private tasting room overlooking the Barricaia. Three rare vintages from the renowned single vineyard “Campo del Drago” will be showcased during the vertical tasting.

This tasting can also be arranged in your private villa.

*Price: € 100 p.p. A minimum of 4 participants is required.*

*Optional - Visit of the vineyard: € 15 p.p.*

*Barrel tasting: € 20 p.p.*

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### **Tuscany Tutored Brunello di Montalcino Tasting \***

For both wine connoisseurs and wine lovers, Castiglion del Bosco offers the opportunity to take part in an unique wine tasting of six Brunello di Montalcino selected between the most prestigious producers with an experienced wine expert.

This tasting can also be arranged in your private villa.

*Price: € 90 p.p. A minimum of 4 participants is required.*

### **Brunello di Montalcino Blind Tasting \***

This is a fun and educational tasting where you can discover the secrets of the best Brunello di Montalcino wineries. You will be introduced to five different Brunello where the labels are hidden in order to explore your senses without knowing the producer of the wines.

An exciting yet formative tasting for lovers of the Sangiovese grapes and its wine produced in this region.

You'll tell us which one is which!

This tasting can also be arranged in your private villa.

*Price: € 90 p.p. A minimum of 4 participants is required.*



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# SPORTS & OUTDOOR ACTIVITIES

## **Bocce (Bowls), Fitness and Swimming**

The on-site Bocce (Tuscan “boules”) court, our infinity and heated open-air swimming pool, as well as the state of the art panoramic fitness centre, all equipped by Technogym, are available for guests’ use anytime of the day.

## **Nature Walks and Hiking \*\***

There are various way-marked trekking trails within the estate to explore every detail of the flora and fauna. A member of our expert staff is available to escort you to discover the most beautiful corners of our 4500-acre estate.

A “survival kit” with basic needs for your hike is available at Reception.

*Price for guided trekking: €/h 60 p.p.*

## **Mountain Biking at CdB \*\***

There are various levels of mountain bike trails within the estate. We recommend this to experienced off-road cyclists and to be accompanied by one of our expert guides who will design the best path through our pristine 4000-acre estate.

*Price for guided biking: €/h 60 p.p. (bike rental is not included).*

## **Athletic Boot Camp and Circuit Training in the Woods \*\***

Castiglion del Bosco offers the unique opportunity to experience open-air “Boot Camp” in a setting of rare beauty and tranquillity. In our wooded trails you will be able to enjoy circuit training for different levels and type targeted for each specific person and their age.

*Price: € 90 p.p. if one-to-one, € 60 p.p. if more than one.*



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### **Personal Training Sessions \*\***

Experienced personalized sessions are available for many types of exercise such as general aerobic, toning and strengthening, or weight training focused on specific muscle groups. Special training programs can be arranged on a daily basis.

This activity can also be arranged in your private villa.

*Price: €/h 90 p.p. if one-to-one, €/h 60 p.p. if more than one.*

### **Golf Fitness Personal Trainer \*\***

To boost our Members' and Guests' golf performance, an expert personal trainer will guide through a specialized and targeted golf training program.

*Price: €/h 90 p.p. if one-to-one, €/h 60 p.p. if more than one.*

### **Tennis \*\***

We have two tennis courts available at CdB. You can choose to rent tennis equipment and play with a friend or book our professional tennis pro to either perfect your backhand or measure your skills in a competition.

*Available: private lessons (minimum of one hour) for adults or children over 6 years.*

*Minimum age: 6 and accompanied by an adult.*

*Price: €/h 100 p.p. if one-to-one, €/h 60 p.p. if more than one.*

### **Archery \*\***

For archery enthusiasts or anyone interested in discovering this prominent sport, an archery field and all the necessary equipment are available at Castiglione del Bosco where, with the assistance of an experienced teacher, guests can learn or practice this sophisticated interest.

*Minimum age: 6.*

*Price: €/h 90 p.p. if one-to-one, €/h 60 p.p. if more than one.*



### **Yoga \*\***

Start your day at Castiglione del Bosco with the right balance of peace and energy under the mindful guidance of our extremely experienced Yoga instructor.

This activity can also be arranged in your private villa.

*Price: €/h 150 p.p. if one-to-one, €/h 90 p.p. if two, €/h 60 p.p. if more than two.*

### **Pilates \*\***

Pilates lessons can be arranged for beginners or for those who already practice this physical and mental exercise regime in which control, concentration and the focus of the body are among the key factors.

This activity can also be arranged in the privacy of your villa.

*Price: €/h 90 p.p. if one-to-one, €/h 60 p.p. if more than one.*

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# ART & CULTURE

## **Castiglion del Bosco History & Tradition\*\***

Discover the secrets of our 800-year-old estate: a self-contained community which is a unique place where past and present blend together. Take a walk through our history and traditions with our historical guide.

*Price: € 80 p.p. with a minimum of 2 participants.*

## **Private Holy Mass - Church of San Michele Arcangelo**

We can arrange for a private mass in your very own magical little church located in the heart of the Borgo. A unique chance to experience a special, blessed moment.

## **Under the Tuscan Stars – Astronomy at CdB\*\***

Castiglion del Bosco's magical night sky offers the unique opportunity to be exposed to the expertise of our acknowledged astronomer and his advanced equipment; guests will have an unforgettable, instructive and fascinating experience.

This activity can also be arranged in your private villa.

*Price: € 120 p.p. for a minimum of 4 participants.*

## **Landscape Painting Classes\*\***

Under the guidance of two artist-instructors with many years of experience, whilst enjoying the Tuscan open-air views; you can enjoy our half day mini courses, though we do recommend two sessions for optimal results.

This activity can also be arranged in your private villa.

*Price for two-session course: € 440 p.p. if one-to-one, € 320 if more than 2 participants.*

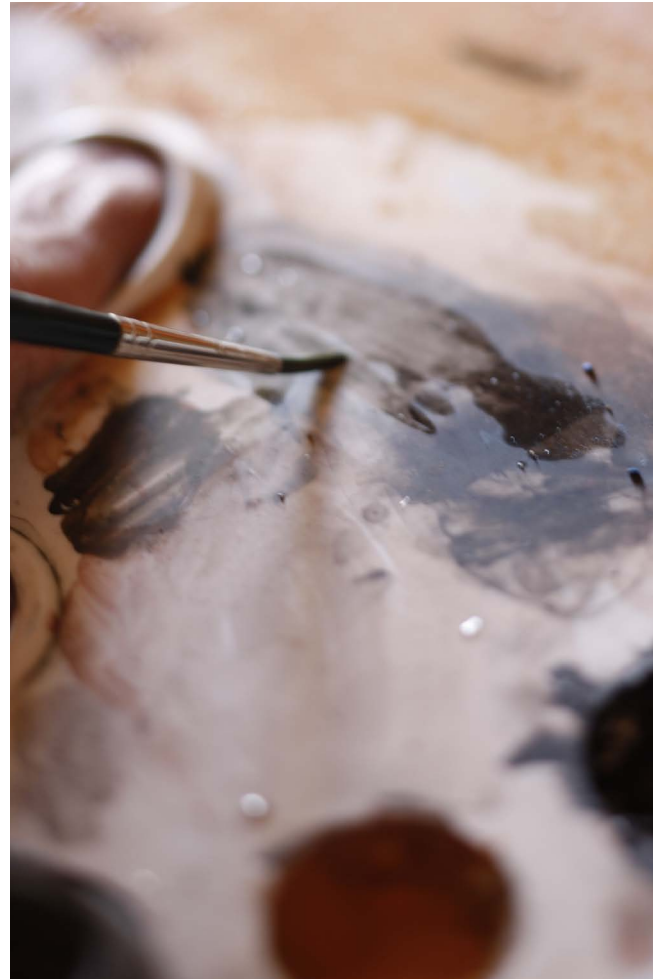
## **Photography Workshop\*\***

A professional photographer will guide you through the undiscovered corners of the Val d'Orcia whilst teaching you the tricks of the business. Mini course (three hours) or full day workshops can be arranged.

This activity can also be arranged in your private villa.

*Minimum age: 12*

*Price: € 160 p.p. for a minimum of 2 participants.*



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LIFE  
AT CdB  
FOR OUR  
*little  
guests*



CASTIGLIONI  
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### **CdB Kids Club \***

CdB invites our little guests to experience the everyday activities organized by our dedicated staff at the Kids Club. Access is complimentary. A fee can be requested for specific activities or events. A special and fun menu, created by our Chef specifically for our little ones, can be served upon request for dinner at the Kids Club.

*Opening time: from 3 pm to 9 pm, upon request from 9 pm to 11 pm (24 hours notice is needed).*

*Please also refer to the “Weekly Activities” for the daily program for children.*

*Minimum age: 3 - Maximum age: 12*

### **In-Villa and in-Suite Private Babysitting \*\***

When one-to-one care is desired, our private babysitting services are available upon request.

*Price: €/h 30 (one care taker for three children maximum at a time).*

### **Cooking Class \***

Children will get their hands into the dough and enjoy the simple pleasures of biscuit baking before indulging into the fruit of their labour! Each class lasts approximately two hours.

Please refer to our “Weekly Activities” to check scheduled days.

*Minimum age: 6*

*Price: € 40 p.p.*

### **In-Villa Private Swimming Lessons \*\***

Take advantage of the infinity pool in the privacy of your villa to engage your children in something fun and useful. Each instructor can care for three children maximum at a time.

*Minimum age: 6*

*Price: €/h 60 p.p. if one-to-one, €/h 40 p.p. if more than one.*



For more information or reservations, please contact our Guest Relations or Guest Services Department.

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### **Tennis Lessons \*\***

Private lessons (minimum of 1 hour) for children can be arranged with our tennis pro.

*Minimum age: 6*

*Price: €/h 100 p.p. if one-to-one, €/h 60 p.p. if more than one.*

### **Archery Lessons \*\***

An archery field and all the necessary equipment are available at Castiglione del Bosco where, with the assistance of an experienced teacher, children can learn and practice this fascinating sport.

*Minimum age: 6*

*Price: €/h 90 p.p. if one-to-one, €/h 60 p.p. if more than one.*

### **Athletic Boot Camp and Adventure Training in the Woods \*\***

Castiglione del Bosco offers the unique opportunity to experience open-air “Boot Camp” in a setting of rare beauty, the possibility for little guests to have fun with this exciting experience.

*Minimum age: 12*

*Price: € 90 p.p. if one-to-one, € 60 p.p. if more than one.*

### **Horseback Riding \*\***

Exciting, fulfilling and fun whilst enjoying nature. Younger children can ride ponies suited to their size. Please note that the riding centre is approximately 20 minutes drive from Castiglione del Bosco.

*Minimum age: 4*

*Price: €/h 55 p.p.*



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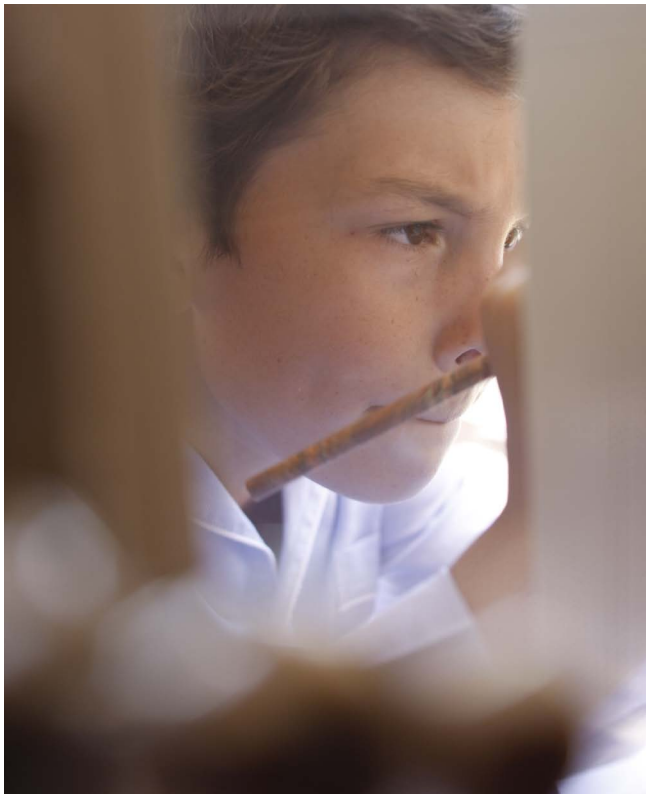
### **Astronomy \*\***

A very interesting and instructive opportunity for the little ones. Under the guide of an expert astronomer, children can explore the fascinating world of stars, planets and galaxies.

This activity can also be arranged in your private villa.

*Minimum age: 12*

*Price: € 120 p.p. for a minimum of 3 participants.*



### **Landscape Painting Classes \*\***

This two-day class is designed to introduce young people to the art of landscape painting. The student will learn how to organize a palette and how to mix colours. The child will complete one oil painting over a two session class.

This activity can also be arranged in your private villa.

*Minimum age: 10. No prior experience is necessary but a genuine interest in art is a must.*

*Price for the two-session course: € 440 p.p. if one-to-one, € 320 if more than two.*

### **Photography Workshop \*\***

Mini courses can be organized with our professional photographer who will instruct them how to use and setup a camera and teach them some small tricks on how to take the best pictures.

This activity can also be arranged in your private villa.

*Minimum age: 12. Beginners are admitted.*

*Price: € 160 p.p. for a minimum of 2 participants.*

### **Italian Classes \*\***

For the little ones who wish to learn some useful Italian language in an interactive way, Castiglion del Bosco provides private classes specifically arranged by age and level.

Lessons can also be arranged in your private villa.

*Price: €/h 80 p.p. (maximum of 3 students at a time).*

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# FULL DAY TOURS

## **Explore the Val D'Orcia \*\***

An expert local guide will lead you to unveil the hidden treasures, history and culture of the Val d'Orcia, home to some of the region's most picturesque landscapes. Transportation with driver is included.

*Price: € 440 for local guide, € 400 for transportation.*

## **Bike Tour - Explore the Val D'Orcia \*\***

Dedicated full day bike tours have been designed for Castiglion del Bosco guests by expert bikers; they will lead you through exciting trails of various levels of difficulty.

Full-day tours can be arranged and personalized according to guests preferences, bike rental and lunch at typical local restaurant is included.

*Price: € 450 p.p. (2 participants), € 400 p.p. (3 participants), € 340 p.p. (4 or 5 participants).*

## **Brunello di Montalcino – the Secrets \*\***

Guests can enjoy a full-day scenic drive through the splendid Tuscan countryside whilst exploring the Brunello Wine District and visit three selected wineries. You will view the vineyards and cellars, as well as taste various samples of the famous Sangiovese grape red wine, the Brunello di Montalcino. Lunch and a wine expert are included. Itineraries will be personalized according to guests preferences.

*Price: € 380 p.p. (1 person), € 320 (2-3 persons), € 280 (4-6 persons). € 400 for transportation.*

## **Explore Bolgheri & The Tuscan Coast line \*\***

Bolgheri is famous all around the world for its Super-Tuscans. Our driver and wine expert will accompany our guests to two preferred wineries. For lunch or dinner, we suggest a stop at the Michelin-rated restaurant "La Pineta", overlooking the sea for a refined fish dining experience.

*Price: € 320 p.p. (1 person), € 260 (2-3 persons), € 210 (4-6 persons). € 450 for transportation.*



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### **Bike Tour \*\***

Dedicated bike tours of varying levels of difficulty can be arranged. On beautiful unpaved roads, among vineyards and gentle hills, bike rides provide the perfect window on the ravishing scenery of southern Tuscany. Half day and full day tours can be arranged and personalized according to guest preferences.  
*Price: please ask Guest Services for a quotation.*

### **Truffle Hunting \*\***

Our guests can participate in a memorable truffle hunt accompanied by local experts and their highly-trained truffle dogs. At the end of the tour a mouth watering truffle tasting waits for you.

*Note: our truffle hunters speak almost no English. An English-speaking guide is recommended. The truffle hunt is not available during the month of May. Truffles found during the hunt cannot be taken home.*

*Duration: the hunt lasts approximately 2 hours.*

*Distance from CdB: approximately 30 minutes.*

*Price: € 70 p.p. (black truffle), € 90 p.p. (white truffle).*

*A minimum of 2 participants is required.*

### **Olive Oil Mill Visit \*\***

Castiglion del Bosco offers the opportunity to visit one of the area's oldest olive oil mills, situated in San Quirico d'Orcia's historic center. The owner will explain the whole process of olive oil making and will end in an instructive illuminating, oil tasting.

*Distance from CdB: approximately 30 minutes.*

*Price: € 40 p.p.*



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### **Pecorino Cheese Experience \*\***

Passing along panoramic roads and postcard landscapes, you will reach a family-run sheep's milk cheese factory. Taste his delicious products and enjoy lunch (optional) in this charming and peaceful *Taverna*.

*Distance from CdB: approximately 50 minutes.*

*Price: € 40 p.p. (cheese tasting included), € 60 p.p. (cheese tasting and lunch included).*

### **Cinta Senese Farm Tour and Tasting Meal \*\***

This guided tour will take you inside an authentic Cinta Senese farm to discover the secrets behind this specialty. The farm visit will include a tasting of fresh salami, or a light lunch of traditional dishes paired with local wines.

*Note: the farmer speaks very limited English, an English-speaking guide is recommended.*

*Duration: the tour lasts approximately 1 hour, followed by the tasting or lunch.*

*Distance from CdB: approximately 40 minutes.*

*Price: € 110 p.p. A minimum of 2 participants is required.*

### **The World of Bees \*\***

Discover the world of honey and bees by visiting a local beekeeper. Learn everything about this incredible and indispensable nectar produced in the area of Montalcino which is recognized internationally as the "City of Honey".

*Distance from CdB: approximately 20 minutes.*

*Price: € 30 p.p.*

### **Horseback Riding \*\***

Guided horseback riding sessions can be organized for beginners and experts amidst the breathtaking Sienese gentle hills surrounding Castiglion del Bosco. The rides can last for a couple of hours, half day or full day.

*Distance from CdB: approximately 20 minutes.*

*Minimum Age: 12 for trekking.*

*Price: €/h 55 p.p.*



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### **Quad Tour \*\***

Departing from the Tuscan Village of Montisi, ride along the unpaved white roads. At the end of the tour, enjoy lunch in a traditional *Locanda* (included). Sturdy shoes or boots, long trousers and long-sleeved tops are strongly recommended.

*Distance from CdB: approximately 40 minutes.*

*Minimum Age: 18. Valid driving license required.*

*Price: € 440 per quad for one quad, € 300 per quad for more than one quad.*

### **Hot Air Balloon \*\***

Hot air ballooning offers passengers the chance to explore the breathtaking landscapes from a totally unique perspective. After at least an hour's flight in the soft wind, a traditional balloon toast will take place.

*Duration: flights depart early in the morning and last approximately one hour.*

*Distance from CdB: approximately 50 minutes; private flights departing 10 minutes from CdB can be organized.*

*Minimum Age: 6 - Minimum height: 130 cm.*

*Price: € 300 p.p. (€ 350 p.p. for private flights for a minimum of 4 participants).*



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