

# ASOUNFOU

## ASOUNFOU – KASBAH TAMADOT’S SPA

### TREATMENT MENU

“**Asounfou**” is the Berber word meaning relaxation. For total relaxation arrive at the spa early and enjoy the use of the indoor pool, or relax on one of the loungers and your spa therapist will then collect you for your treatments.

#### OUR SIGNATURE TREATMENT

##### **Traditional Moroccan Hammam - 45 min/600dh**

Deep cleanse, purify and soften the skin with this treatment based on the weekly Moroccan cleansing ritual. Black soap is applied to cleanse the skin followed by an exfoliation of the whole body with a mitt. Whilst the mask is applied to the body your hair will be shampooed and conditioned and scalp massaged. The end result is rejuvenated, awakened skin and your mind and body will be totally relaxed

##### **Tradition Package – 120 min/1,450dh**

To achieve the best result and maximum relaxation follow your Hammam with a full body Moroccan massage.

All the products used in this treatment are sourced locally and can be purchased after your treatment.

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## **ASOUNFOU FACE - YONKA**

### **Éscale Beauté - 45 min/650dh**

Give your skin a restful look with this regenerating and relaxing express facial surrounded by fresh aromatic fragrances.

### **Le Grand Classique – 60 min/1,100dh**

Deep cleansing, restoring and refining. This relaxing facial is tailored to your skin type, using a variety of botanicals extracts for a healthy and radiant complexion.

### **Hydralesence Visage – 75 min/1,200dh**

A deeply hydrating facial using plant and fruit extracts. Your skin is bathed in a light aromatic steam leaving it feeling supple and totally re-hydrated.

### **Optimizer Facial - 75 min/1,200dh**

Ultimate Anti-ageing treatment using specific stimulating techniques to target even the deepest wrinkles.

### **Éclat Cocoon - 60 min/1,100dh**

This opulent treatment combines the best elements from all the Yon-Ka facials with the added luxury of a double mask and hot stones.

## **ASOUNFOU MEN**

### **Skin Fitness Facial - 60 min/950dh**

Tailored to your skin type, this deep cleansing facial will both invigorate and relax.

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# A S O U N F O U

## **AROMATHERAPY ASSOCIATES**

### **Essential Rose Facial - 60 min/1,100dh**

This luxurious facial uses the regenerative properties of the Moroccan Damask Rose to nourish, soften and hydrate.

### **Deluxe Essential Rose Facial - 90 min/1,300dh**

All of the benefit of above, but to include a Moroccan back, neck and shoulder massage.

### **Age Repair Facial - 75 min/1,200dh**

For a firmer, plumped and more youthful looking complexion. This repairing facial reduces the visible signs of aging.

## **EAR CANDLING**

### **Ear candling – 50 min/500dh**

Brings balance to the body. Ear candling is used to alleviate a range of symptoms from simple ear aches to sinus congestion and tension post flying. It is soothing, relaxing and will aid to promote healing for a variety of ailments.

## **AROMATHERAPY ASSOCIATES BODY**

### **Intense Nourishment - 75 min/1,100dh**

A deeply nourishing treatment for very dry and out-of-condition skin which leaves your whole body intensely nourished and smooth. This treatment incorporates the Enrich products known for their exotic fragrances.

### **Rose Hydrator – 60 min/900dh**

Bring back your skin's radiance with this comforting, restorative treatment. This intensely hydrating body ritual includes a gentle exfoliation followed by a layering of hydrating and regenerating creams and oils rich in Moroccan damask rose.

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# A S O U N F O U

## **Lavender and Peppermint Skin Cooler – 60 min/900dh**

A soothing and re-hydrating treatment for skin that has been over-exposed to the elements, in particular the sun. The use of lavender and peppermint oils, famous for their healing and soothing properties, will rescue distressed skin.

## **Body Refiner – 60 min/1,000dh**

A toning and slimming treatment to refine the body contours and eliminate excess fluids. Using our highly effective Revive body gel and Revive morning oil you will enjoy a slimmer silhouette and smoother skin.

## **MASSAGE**

### **Moroccan Massage**

This massage incorporates traditional Moroccan techniques with French influences using local Argan oil.

Neck, back and shoulder .....	<b>30 min/500dh</b>
Full Body Massage.....	<b>60 min/950dh</b>
Full Body, Face and Scalp Massage.....	<b>90 min/1,250dh</b>
Pregnancy Massage .....	<b>60 min/1,000dh</b>

### **La Stone® Massage**

Incorporating the use of Thermo-therapy, the alternating temperatures of hot basalt and cool marble stones massaged over the body allows the release of stress and tension from deep within the muscle. This treatment is complimented with the use of locally produced Verveine oil.

Invigorating Leg Massage.....	<b>30 min/600dh</b>
Facial Massage ( <i>incl. neck and shoulder</i> ) .....	<b>30 min/600dh</b>
Deluxe back Massage .....	<b>45 min/800dh</b>
Full Body Massage.....	<b>60 min/1,100dh</b>
Full Body Massage ( <i>incl. face and scalp</i> ).....	<b>90 min/1,300dh</b>

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## **Stone Placement – 30 min/250dh**

As an alternative to massage, yet incorporating all of the benefits from La stone thermo-therapy, this relaxing treatment takes you away from stresses and strains of modern day life. (*Asounfou Tip- Recommended to have with facials and body wraps*).

## **Ambre Candle Massage – 60 min/1,100dh**

Using a blend of warm shea butter and mango butter in a unique wax-free formula to sooth and relax the body. Rich in vitamin E to prevent the skin from aging.

## **Aromatherapy Massage**

In this massage the technique is slow and nurturing, using pre-blended aromatherapy oils to suit your needs.

Back Massage .....**30 min/550dh**

Full Body Massage .....**60 min/1000dh**

## **ASOUNFOU PACKAGES**

### **Signature - 120 min/1,800dh**

This treatment is two hours of total bliss! Includes a 60 minute Moroccan Massage and Essential Rose Facial.

### **Mountain Man - 120 min/1,750dh**

Enjoy a 60 minute La Stone massage and complete this experience with a skin fitness facial to brighten the complexion.

### **Tradition - 120 min/1,450dh**

Enjoy the 'Moroccan Hammam Experience' followed by a full body Moroccan massage.

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## **Indulgence - 120 min/1,800dh**

Begin the treatment with the choice of either the Rose Hydrator or Lavender and Peppermint cooler, followed by the Essential Rose Facial.

## **ASOUNFOU ESSENTIALS**

**Express Manicure .....20 min/300dh**

**Express Pedicure .....30 min/450dh**

Your nails will be filed, cuticles tidied, skin rehydrated and finished with touch of colour.

**Luxury Manicure.....45 min/550dh**

**Luxury Pedicure .....60 min/800dh**

A complete tidy including filing, cuticle work, a moisturising mask, exfoliation and a relaxing massage with a touch of colour to finish.

*(French polish to any of the above **15 min/75dh**).*

## **Waxing**

Eye brow wax **150dh**

Underarm **180dh**

Full leg **450dh**

Facial **200dh**

Half leg **290dh**

Chest **290dh**

Arm **200dh**

Back **450dh**

Bikini **200dh**

## **Tinting**

Eye lash tinting **200dh**

Eye brow tinting **130dh**

Eye Brow and Eyelash tinting **250dh**

*(Patch tests are required 24 hours before treatments)*

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## **VIRGIN UNITE MAROC**

Kasbah Tamadot and Virgin Unite (the Virgin Group's charitable arm) work hand in hand to improve living standards in the communities around Kasbah Tamadot. This effort is spearheaded by Eve Branson, known to us as Richard's mum! The Eve Branson Foundation aims to help the local people in the long term by setting up sustainable enterprises which so far have included a carpet workshop and a craft house run and managed by locals. In aid of this charity, we have devised these spa packages whereby 15% of the money from treatments sold helps to raise funds for this worthy cause.

### **Mountain duo - 60 min/1,800dh**

In our double treatment room, enjoy a traditional Moroccan Massage for two while you take in the mountain views

### **The Trekker - 90 min/1,350dh**

Designed for men, the luxury of the Skin Fitness Facial is combined with an express manicure.

### **Serenity- 90 min/1,300dh**

Relax your stresses away with the soothing amber candle massage followed by an express manicure.

## **General Information**

- Treatments are not included in the room rates and are priced in Moroccan Dirhams.
- A 100% cancellation charge will apply for any appointments cancelled on the same day
- Please ensure you arrive on time for your treatment as during busy periods late minutes will be deducted from your treatment time. Treatment times include consultation

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