

THE ISLE DE FRANCE SPA

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It doesn't get more exquisite than this.

Step into a world where multisensorial experiences meet the latest in skincare technology.

Deliciously stimulating your senses with extensive results.

Indulge your body and let stress be a thing of the past.

It's the Ultimate in Luxury

Facials

Multisensorial Lifting	85 min	250 €
La Alternativa	85 min	190 €
The essentials	55 min	125 €
Skin booster carboxi express	25 min	60 €
Intracutaneous facials	55 min	150 €
	85 min	225 €

Massages

The Spa body massages	55 min	125 €
	85 min	180 €
Thai massage	85 min	185 €
« As one » Couples massage	/pers 75 min	165 €

Beauty

Eyelash extensions	165 € to 200 €
Manicure/pedicure	50 €
Minx Nails	40 €

Body treatments

Diamond magnetic ritual	85 min	220 €
Sun repair therapy	85 min	185 €
Citrus drench	55 min	125 €
Mineral massage ritual	115 min	250 €
Floral massage ritual	115 min	250 €
Lomi Juma massage ritual	115 min	250 €



Facials

Diamond Experience. For the ultimate in luxury, it doesn't get more exquisite than this. A diamond experience which provides the latest in skin care and sensory technology.

Multisensorial Lifting

85 min 250 €

A genuine multisensory cosmetic lift bringing the necessary firmness to help the skin regenerate itself, reinforcing the skin's natural system of defense.

Benefits: anti-aging, lifting effect, improves elasticity and tone

La Alternativa

85 min 190 €

The non invasive wrinkle relaxing solution. Using the Inhibit collection, this facial will dramatically reduce expression lines & wrinkles, leaving the face smooth and rejuvenated.

Benefits: rejuvenating, anti-wrinkle

Skin Booster Carboxi Express

25 min 60 €

A quick pick-me-up to revitalize and refresh the skin. Incorporating the latest trend of aesthetic medicine, carboxitherapy, a new technique that employs CO2 to combat the signs of aging.

Benefits: visible revitalization of the skin, anti-aging, and lifting

Huff the puff

25 min 60 €

Illuminate your tired eyes and pamper your lips. This treatment is dramatically effective & incorporates high concentrations of marine seaweed to help improve toxin drainage. For optimum results, can be added to any facial.



The Essentials

Citrus a peel

55 min 125 €

Do something good for your skin! Give it a boost of energy with 100% pure Vitamin C.

Benefits: anti-oxidant, repairing, improves appearance and renews the skin's firmness

O2 Awakening

55 min 125 €

Infuse every pore with a blast of pure Oxygen. Big city goers, frequent flyers and smokers can benefit greatly from this treatment.

Benefits: re-energizes natural cellular functions and eliminates toxins, decongests body and mind

Gents facial

55 min 125 €

Time for men skincare.

Specially designed for male skin to counteract the effects of under-eye circles, lack of time, stress and daily shaving which results in dull, lifeless skin.

Benefits: cleans the skin, revitalizes appearance, deep relaxation

Hydro immersion.

55 min 125 €

Break the cycle of dehydrated skin. This treatment brings your skin back to beautiful by using the three « R » philosophy: Renew, Replenish and Repair

Give me a break.

55 min 125 €

Put a stop to breakouts and shine. Clearer skin starts here with our powerful purifying treatment.

Age defying facial.

55 min 125 €

Switch the gears on the aging process. This treatment is a structure repair that addresses the underlying problems of aging at the skins cellular level. The result is instantly firmer, glowing skin.



Rejuvenate infusion

55 min 150 €

Cooling, calming oxygen under light pressure is applied directly to the skin's surface increasing the absorption of the Rejuvenate serum. Your skin will emerge deeply hydrated, youthful and glowing with a noticeable reduction in fine lines and wrinkles and a visible lift.

Atoxelene infusion

25 min 75 €

The Atoxelene Serum is designed specifically to refine the forehead, soften eye contour and immediately plump and smooth the lips. The natural amino peptide Argireline, significantly targets expression lines and increases skin firmness - the skin instantly looks smoother and feels tighter and firmer.

The Atoxelene Infusion can be applied before the Rejuvenate Infusion for the ultimate in skin smoothing and tightening

Rejuvenate and Atoxelene infusion

85 min 225 €

This is the ultimate in skin rejuvenation and gives instant visible results. The Rejuvenate and Atoxelene infusions work together to significantly reduce the appearance of fine lines and wrinkles while tightening and firming for more defined facial contour. Special care is taken to smooth, open and refine the eye contour area while the lips are plumped and hydrated.

Oxygen inhalation therapy

15 min 35 €

Maintaining proper oxygen levels in the body is a vital ingredient for health, vitality, physical stamina and endurance. Oxygen therapy is said to be one of the most powerful and efficient methods of detoxifying the body and cleansing the blood. Great for combating the effects of Jet Lag and the morning after the night before!



Body treatments and rituals from Natura Bissé

Natura Bissé has designed for you a complete line of body treatments that provide spectacular results.

Scrub bar

25 min 60 €

Choose between these spectacular body exfoliators

Honey scrub: Indulge in this exotic body scrub made with 100% honey

Bamboo scrub: Delicate yet effective - Allow your beautiful skin to surface

C+C scrub: Pure smoothness for your skin, highly concentrated in Vitamin C

Cocoons

Citrus drench

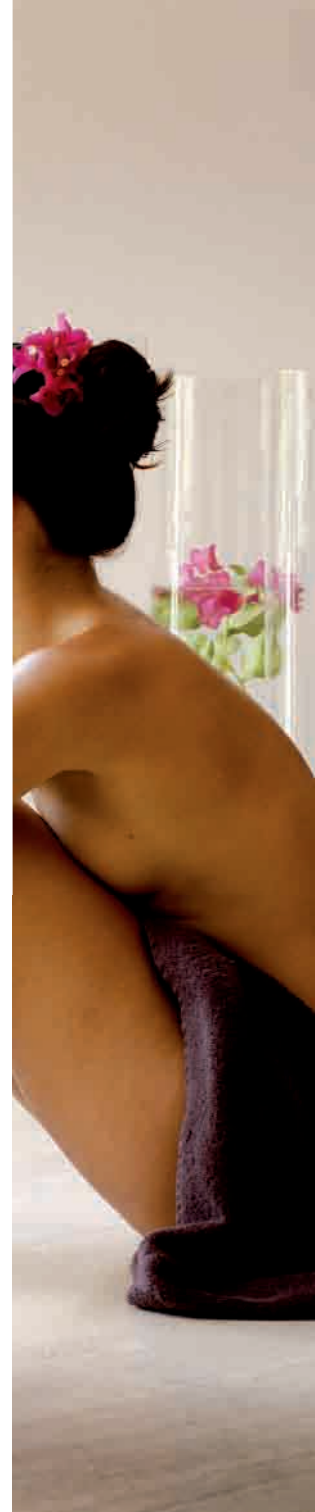
55 min 125 €

Drench your skin with energizing nutrients. Ideal for sun damage. Restores elasticity to the skin and provides an intense, deep hydration.

Balneo wrap

55 min 125 €

An explosion of nutrients and countless benefits. Excellent for circulation and metabolism, as well as providing slimming and firming results.



Face and Body rituals

Magnetic ritual

85 min 220 €

An incomparable and luxurious experience to purify body and mind, using a luminous mud with diamond dust to help eliminate the effects of the electromagnetic pollution or the stress caused by your daily life. A multisensorial experience that fights the skin's signs of aging and the stress and tension caused by daily living.

Sun repair therapy

85 min 185 €

Restore your skin's natural glow. Soothes the redness causes by sunburn with an extraordinary desensitizing complex based on algae and botanical extracts that reinforces the skin's own defense system.

Citrus supreme

115 min 250 €

A delicious gourmet touch. This anti oxidant treatment repairs skin that has been damaged by sun radiation and pollution and prevents premature signs of aging. Your face and body are left feeling clean, smooth and replenished and collagen production is increased to improve firmness and elasticity.

Maternal caress

55 min 125 €

Nurture the mind and the body through pregnancy. This maternity treatment pampers the mother-to-be and includes a moisturizing facial and a massage of the neck and shoulders to eliminate any stress or anxiety.



Let us design a massage ritual just for you

Mineral massage ritual

115 min 250 €

A perfect fusion of tradition and innovation. This ritual essentially blends draining massage techniques with the well known beneficial effects of reflexology and the recognized therapeutic properties of minerals.

Floral massage ritual

115 min 250 €

Inspired by traditional Chinese medicine and Ayurveda from India, this ceremonial beauty ritual harmonizes body and mind using warm floral sachets. The result: a totally restored, balanced, relaxed yet energized body. A rewarding and unparalleled experience.

Lomi-Juma massage ritual

115 min 250 €

Using massage techniques indigenous to the Pacific and Mediterranean, the channels through which vital energy flows are unblocked. Micro circulation is improved whilst balance and harmony between the body and mind are restored. Recommended for joint blockage and muscular tension which hinder the energy flow as well as blood and lymphatic circulation.



Deep tissue massage

55 min 125 €
1h25 min 180 €

Target: Our deep tissue massage therapy will help to release deep-seated muscle tension together with energising your mood.

Ideal for anyone suffering with post-exercise or stress-related muscle tension; those that like a deeper massage.

Relaxing massage

55 min 125 €
1h25 min 180 €

Stop the clock and step out of your reality. Our de-stressing and relaxing body massage will help you to drift away with a blend of gently flowing, hypnotic massage movements.

Ideal for any one wanting to escape the strains of their everyday world; those who are juggling a hectic, fast-paced lifestyle; lovers of blissfully relaxing massage.

European Swedish massage

55 min 125 €
1h25 min 180 €

Ease away tired aching muscles and enjoy deep relaxation with Swedish massage techniques. Using aromatherapy oils to rejuvenate and reawaken the senses.

Indian head massage

55 min 125 €

A treatment based on ayurvedic techniques involving work on the upper back, shoulders, neck, scalp and face. Movements are used to relieve accumulated tensions and stimulate circulation. Leaving you feeling totally relaxed.



“As one” Couples massage

1h15 min 165 € par personne

1h25 min 185 € par personne

Chose from our massage disciplines and experience them together with your partner in our peacefull garden pavilion. Our therapists will perform your massages in harmony while you enjoy our tropical garden. Share this experience with someone special and allow a deeper connection to grow.

Thaï foot reflexology

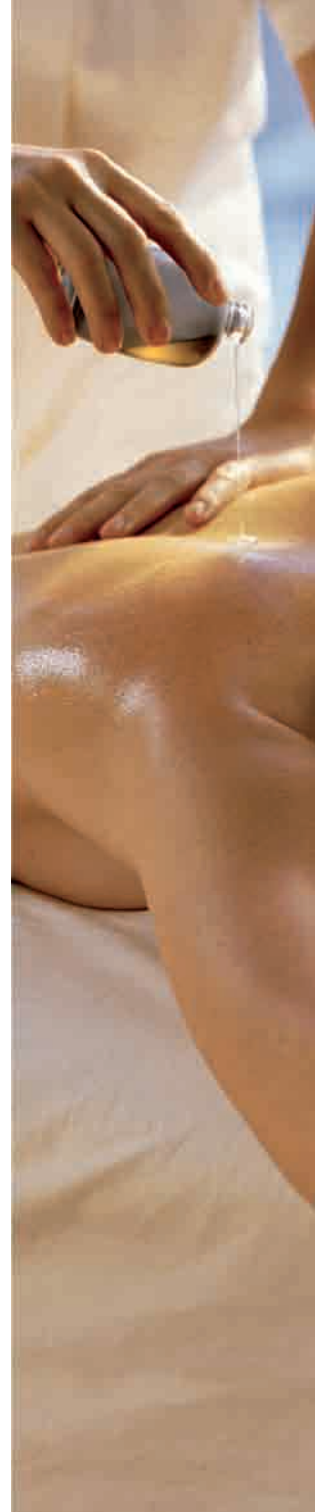
55 min 125 €

This is a massage of the lower leg and feet. We stretch and massage to open energy (sen) lines. A stick is used to stimulate the reflex points on the feet corresponding to the internal organs of the body. Stimulating these points will promote deep relaxation and a feeling of general health and well being.

Thaï massage

1h25 min 185 €

Experience the delights of our tropical garden pavilion with this exotic interactive massage. Sometimes called Yoga massage, we use passive stretching and gentle pressure along energy lines (sen) to achieve a meditative state. Your therapist will apply pressure with hands and feet allowing you to move into a wide variety of passive stretches. Space is created, the body begins to open and regain flexibility leaving you feeling uniquely relaxed and energised.



Face and body waxing for prices please enquire at reception.

Eyelash and Eyebrow tint 25 min 20 € each

Eyelash extensions by Xtreme lashes

Full set *(minimum of 45 lashes on each eye)* 165 € to 200 €

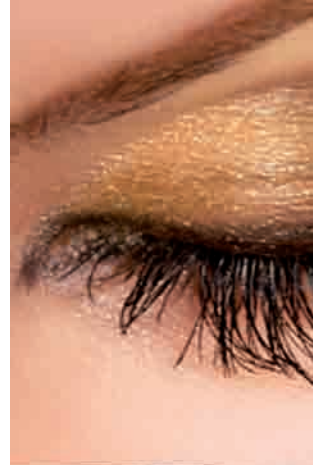
Glamorous set *(minimum of 65 lashes on each eye)* 200 € to 265 €

Refills from 65 €

Xtreme lashes is a revolutionary new product that provides longer, thicker, luscious and natural looking eyelashes.

Xtreme lashes are not your traditional fake eyelash strips- they are semi permanent individual eyelash extensions. They are applied directly to individual eyelashes for a natural look and feel.

Imagine long, luscious and beautiful eyelashes without the hassle of applying and removing mascara. Once applied, Xtreme lashes extends your beauty everyday, all day and all night indefinitely with touch-ups required every two to four weeks.





Hands & Feet

Manicure

45 min 50 €

A grooming treatment for the hands. Beginning with a soak to cleanse the hands followed by filing and clipping of the nails, thorough cuticle work and a relaxing massage and finishing with a nail paint.

Pedicure

45 min 50 €

A grooming treatment for the feet. Beginning with a stimulating soak followed by hard skin removal, filing and clipping of the nails, thorough cuticle work and finishing with a nail paint.

MINX extend fashion to your finger tips!

30 min 40 €

Minx Nails is the hottest trend in nail fashion. Use on hands or feet, over natural or gel nails. Original, glamorous, quick and long lasting. Choose from a wide selection of colours and designs.

We recommend you book a manicure or pedicure before a Minx application

Traditional Asian therapy, by Hoa Thien Duong

Acupuncture

50 min 140 €

The ideal placement of needles to induce a state of relaxation and regulate your internal energies. This anti-stress treatment begins with an accurate reading of your Chinese pulse points. A precise diagnosis is drawn up and needles are placed along the meridians. This treatment is completed by cranio-sacral work.

Please enquire with the spa receptionist for availability

Massage Tuina

50 min 140 €

Traditional Chinese massage. This treatment starts with a precise diagnosis of your energy needs, as determined by a Chinese pulse reading. Gentle supported stretching, joint mobilisation and ancestral gliding techniques are used to induce an extreme state of relaxation. This treatment is completed by cranio-sacral work and foot massage, Ba Chan Bop which helps to energise the body.

Please enquire with the spa receptionist for availability

Oriental ritual

You can choose between 2 options :

Share this experience with your partner in the privacy of your own treatment room. Begin with applying the black soap and then allow the vapour of the steam room to purify and relax the body. After the steam, exfoliate using a traditional "kessa" glove to get rid of the dead cells and stimulate.

Enjoy a regenerating shower to end the treatment.

45 min 60 € for 2 persons

To boost the benefits of this wonderful cleansing and relaxing therapy, allow our expert therapists to do the work!

The masseuse will cleanse your body with black soap before you relax alone in the steam room, you will then be given a full body exfoliation using the traditional "Kessa" glove before receiving a complete body massage.

Leaving you feeling purified, toned and de-stressed.

1h25 min 185 €



Classes

Pilates

Private class 100 €

2 persons 125 €

This method is a system of stretching and strengthening exercises. It strengthens and tones muscles, improves posture, provides flexibility and balance, unites body and mind to create a more streamlined shape.

Please enquire with the spa receptionist for availability

Yoga

Private class 100 €

2 persons 150 €

Hatha yoga is based on the practice of poses or asanas, that awaken the principal energy vortexes or chakras in the body to improve balance and alignment, flexibility, strength and muscle tone. Asanas tone the heart, improve endocrine functioning, strengthen the nervous system and regulate hormonal functioning. Regular yoga practice tunes the body safely and effectively, oxygenates the blood, reduces stress and calms the mind by cultivating mindful awareness in posture, relaxation and breathing. Truly, it is meditation in action.

Please enquire with the spa receptionist for availability

Spa Etiquette

To maximise your spa experience we ask you to arrive 10 minutes before your appointment. If you wish to shower before your treatment please do so before coming to the spa. All treatments include time for your therapist to carry out a personal consultation, please inform your therapist of any illness or medical treatment you currently have or have had recently. Please note that treatments for ladies fewer than 3 months pregnant are restricted.

Booking treatments

We welcome guests from out with the hotel Isle de France. Please provide a credit card detail to secure your appointment. Unfortunately we are not able to treat client under the age of 16.

Cancellation fee.

As a consideration to other guests and your therapist, please tell us in advance if you are unable to make your appointment. Unfortunately, cancellations made within 24 hours of your appointment will incur a fee of 100% of the treatment booked.

