



eaglespalace

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# Eagles Spa Day Packages by **Elemis**

Our Spa Team will assist you in all your needs and requirements. Just let them know what you need and they will recommend the best Day packages or Spa gift voucher.



# FACIALS

## ELEMIS TASTER FACIAL

25 min. €40.00

Give your skin an instant boost with our rejuvenation mini facial. Prescribed to your skin's needs, this facial is excellent before a make-up or special occasion, to leave your skin glowing.

## ELEMIS SKIN SPECIFIC FACIALS

55 min. €75.00

The perfect skin maintenance facials, combining exceptional skin conditioning plant actives with unique Eastern massage techniques to deeply cleanse the face, whilst renewing radiance and treating the skin.

### \* Elemis Fruit Active Glow (for dull, lifeless skin)

For a powerful skin recharge, this facial will bring back the glow to tired, dull and lifeless complexions. Skin is deeply cleansed and simulated by specialist Eastern massage techniques, whilst powerful skin conditioning actives nourish and renew vital radiance.

### \* Elemis Exotic Moisture Dew (for dry skin)

For skin in need of a super saturating moisture boost, this thirst-quenching facial is perfect. Following a deep cleanse and nourishing facial massage, the skin is fed with moisture loving actives that will bring back that healthy, dewy look to the skin.

### \* Elemis Herbal Lavender Repair (for combination and oily skin)

For perfect restoration of skin balance, this facial helps to heal and repair oily, problem and congested skin. Deeply cleansing to draw out skin impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts.

## ELEMIS ADVANCED PERFORMANCE FACIALS

70 min. €105.00

### \* Elemis Oxygen Skin Calm Facial (for sensitive skin)

This face and eye treatment is pure soothing heaven for sensitive skins. Gentle massage techniques combined with calming actives and a restructuring Japanese Silk Mask help to rebalanced delicate, fragile and sensitive skins. This superior treatment is further enhanced by a luxurious hand & arm massage and de-stress scalp treatment for the ultimate in advanced skin-therapy.

### \* Elemis S.O.S. Purifying Facial (for oily, problem and congested skin)

This powerful purifying face and eye treatment helps to absorb excess sebum, regulate and balance the function of the skin, whilst helping to repair scarring. Purifying massage techniques combined with the unique Japanese Sulphur Mask impregnated with Vita-C Booster Serum help to calm irritated skin and rebalance oil-rich pores, leaving a beautiful matt skin. This superior treatment is further enhanced by a luxurious hand & arm massage and de-stress scalp treatment for the ultimate in advanced skin-therapy.

## ELEMIS ADVANCED ANTI-AGEING FACIALS

70 min. €115.00

### \* Elemis Visible Brilliance Facial (for ageing, stressed and slackened skin)

This advanced anti-ageing therapy provides the skin with cell plumping nutrition, which helps to regenerate cells and provide on-going protection against harmful free radicals. Bringing together the effects of an Amino Active Mask combined with the revolutionary pH Optimizer and Encapsulated Vitamins as an antidote for premature or accelerated ageing. Incorporating dynamic Eastern massage techniques and including an intensive eye therapy, the skins elasticity is increased by up to 28% and miniaturization levels are increased by up to 38% after just one treatment. This superior treatment is further enhanced by a luxurious hand & arm massage and de-stress scalp treatment for the ultimate in scientific skin-therapy- the effect is one of Visible Brilliance.

### \* Elemis Pro-Collagen Marine Facial (for fine lines and wrinkles)

Providing immediate results in the fight against time, this exceptional face and eye treatment helps to slow down the signs of premature ageing, reducing the appearance of fine lines and wrinkles on the face and crows feet around the eye contour. Specialized lifting massage techniques are combined with the unique anti-ageing Japanese Silk Mask impregnated with Pro-Collagen Booster Serum. Skin will have a more youthful appearance after just 1 treatment. This superior treatment is further enhanced by a luxurious hand & arm massage and de-stress scalp treatment for the ultimate in scientific skin-therapy.

# EXOTIC

## ELEMIS EXOTIC LIME & GINGER SALT GLOW

40 min. €60.00

An exotic exfoliation ritual that will invigorate and bring vitality to your face and body. After light body brushing, warm oils drip luxuriously all over your body, before our sublime Exotic Lime and Ginger Salt Glow is applied. Your skin is deeply cleansed, polished and softened to perfection, finishing with a final application of Exotic Island Flower Body Balm, leaving the skin glowing and vibrant, replenished and flawless.

## ELEMIS CEREMONY OF SUN

55 min. €75.00

A sensual celebration of the sun. We know the sun is good for our soul, but not necessarily for our skin, so fake it! Achieve your sun kissed Total Glow Self Tan after the most indulgent Exotic Lime & Ginger Salt Glow.

## ELEMIS EXOTIC COCONUT RUB & MILK RITUAL WRAP

55 min. €105.00

A ceremony of pure sensuality to tantalize and delight! A traditional Balinese recipe with coconut, mungbean, spices and lavender polishes the skin, whilst the Exotic Frangipani Monoi Moisture Melt indulges your senses. Healing combined with comforting opulence for a pure unadulterated pleasure. Milk Bath is poured over the entire body before being cocooned in a comforting foil wrap.

## ELEMIS EXOTIC FRANGIPANI BODY NOURISH WRAP

55min. €105.00

From the exotic shores of Tahiti, comes Monoi Oil. A beautiful blend of Coconut and Frangipani flowers, the Polynesian women traditionally use this scented oil to nourish and condition their lustrous hair and bodies. With the most exotic aroma and texture imaginable, drench yourself in its moisture, cocooned in a comforting foil wrap.

## RASUL

40 min. €70.00 \* €100.00 \*\*

Enter into our exotic herbal steam bath, to take part in a traditional cleansing ritual. Apply different colored therapeutic charka muds to specific areas of the body, whilst gently inhaling the steam infused by pure herbs. Helps to cleanse the respiratory system, smooth the skin and detoxify the body. To complete the ritual, the muds are gently washed away, as is all the tension in your body and mind. Perfect for 2 people.

\* 1 person, \*\* 2 persons

## FENNEL CLEANSING CELLULITE

### FENNEL CLEANSING CELLULITE & COLON THERAPY

55 min. €115.00

Cellulite is associated with poor circulation, fluid retention and a congested digestive system. This treatment works at the deepest level to flush and cleanse all three systems. A detoxifying Fennel and Birch peel off body mask is combined with specialist drainage massage techniques on the hips and thighs. Helps to boost blood flow and drain away fluid, leaving your skin firmer and smoother to touch. In addition, cleansing of the colon through abdominal massage and reflexology continues the purification of your body.

## ELEMIS RITUALS

### ABSOLUTE SPA RITUAL

1 hr 55 min. €175.00

Elemis Deep Tissue Muscle Massage  
Elemis Advanced Facial

### TAHITIAN SMOOTHIE & SOOTHE

1 hr 25 min. €140.00

Elemis Exotic Lime & Ginger Salt Glow  
Elemis Exotic Frangipani Wrap

### ULTIMATE DETOX RITUAL

2 hr 40 min. €220.00

Rasul  
Elemis Fennel Cleansing Cellulite & Colon therapy  
Elemis Skin Specific Facial

### DEEP CLEANSING RITUAL

2 hr 25 min. €210.00

Elemis Exotic Lime & Ginger Salt Glow  
Elemis Cellutox Aromaspa Ocean Wrap  
Elemis Skin Specifics Facial

### TROPICAL DELIGHT

1 hr 55 min. €150.00

Elemis Exotic Coconut Rub & Milk Ritual Wrap  
Elemis Exotic Hand Ritual  
Elemis Exotic Sole Delight Foot Treatment

### VOYAGE OF THE SENSES

2 hr 40 min. €255.00

Elemis Exotic Frangipani Wrap  
Indian Head Massage  
Elemis Advanced Performance Facial

### SENSORY EARTH

2 hr 25 min. €180.00

Hot Stone Massage and Elemis Advanced Performance Facial

# MASSAGES

## ELEMIS DEEP TISSUE MUSCLE MASSAGE

55 min. €100,00

- \* Focusing to relieve specific stress and muscle tension, this deep rhythmic pressure massage gives the whole body a vigorous workout. Combined with specially blended massage oils, this treatment can be tailor made to suit the individual needs of the client.
- \* Stress-a-Way  
Soothe and relax with a de-stress blend of Lavender, Chamomile, Melissa, Geranium and Bergamot Essential Oils.
- \* Spirit Reviver  
Uplift, detoxify and renew your zest for life with the Cellutox blend of Lemon, Lime, Peppermint and Grapefruit Essential Oils.
- \* Chakra Balancing  
Bring your body and emotions into total equilibrium with the Charka balancing blend of Ylang Ylang and Geranium, or the exotic essence of Frangipani to seal in moisture.

## ELEMIS DEEP TISSUE BACK MASSAGE

25 min. €55.00

Focusing primarily on the back, shoulders and neck area, This mini-massage will help begin to relieve tension, stress and aching muscles. Can be combined with Elemis facials as a pre-facial relaxer!

## AROMATHERAPY MASSAGE

70 min. €95.00

A complete body treatment using essential oils made from plant and herb extracts. This oils have either detoxifying, stimulating or relaxing properties chosen to suit individual needs. The aroma from the oils has a therapeutic effect, inducing a feeling of well being.

## INDIAN HEAD MASSAGE

40 min. €75.00

Indian Head Massage has been practiced for over 400 years. Based on Aryurveda meaning "Science of Life", the therapist will firstly assess your unique physical, mental and spiritual traits or "Dosha" and blend specific carrier and essential oils. This is used to massage and relieve tension from your shoulders, neck, head and face. The treatment is concluded with oiling of the hair, a traditional Indian practice to balance your hair, scalp, body and mind.

## HOT STONE MASSAGE

75 min. €110.00

Volcanic stones which were blown into the ocean thousands of years ago are used for this massage. The constant movement of the waves has gently tumbled and smoothed the sharp edges of the stones. Energy from the volcano (fire) combined with the ocean waves (water) gives these stones a nice balance of energy. Hot Stone Massage is a unique treatment of heated stones applied with essential oils to the body in ways that bring about relief to sore and stiff muscles, releasing tension, to bring about tranquility and a more balanced flow of energy.

## STRESS RELIEVING BODY MASSAGE

55 min. €65.00

This massage concentrates on soothing away tiredness, stress and alleviating tension, including relaxation to the body and mind.

## STRESS RELIEVING BACK MASSAGE

25 min. €45.00

Concentrating on the back, neck and shoulders, the masseur will help to relieve stress and tension from your muscles.

## DETOX

### ELEMIS AROMA SPA OCEAN WRAP

70 min. €110.00

The power of aromatherapy is combined with the riches of the ocean. A warm seaweed body mask containing a synergy of pure essential oils is applied to your body before you are cocooned, in a comforting foil wrap. Let the active ingredients work, whilst you let your thoughts drift away during a soothing face and scalp massage.

\* Cellutox

A synergy of cleansing Juniper and Lemon essential oils to detoxify, decongest and simulate your body systems.

\* Musclease

A warming blend of Pine and Rosemary essential oils to ease arthritis, fatigue and muscle spasm.

## HANDS&FEET

### ELEMIS SOLE DELIGHT PEDICURE

30 min. €25.00 / 1 hr 10 min. €50.00

A sensory sole Delight Foot Treatment, including a full pedicure and nail polish of your choice, to leave you walking on air.

### ELEMIS EXOTIC MANICURE RITUAL

30 min. €25.00 / 55 min. €45.00

A nourishing Exotic Hand Ritual for your hands and nails, including a full manicure and nail polish of your choice, for ultimate care and indulgence.

## DAY PACKAGES

<b>Day of Escape</b>	3 hrs €210.00
Elemis Exotic Lime & Ginger Salt Glow	
Elemis Deep Tissue Massage	
Earth Spa Light Lunch	
Elemis Advanced Performance Facial	
<b>Day Of Purity</b>	4 1/2 hrs €270.00
Rasul	
Elemis Fennel Cleansing Cellulite & Colon Therapy	
Earth Spa Light Lunch	
Indian Head Massage	
Elemis Skin Specific Facial	
<b>Day Of Tranquility</b>	5 hrs. €295.00
Elemis Exotic Coconut Rub & Milk Ritual Wrap	
Elemis Sole Delight Foot Treatment	
Elemis Exotic Hand Ritual	
Earth Spa Light Lunch	
Rasul	
Hot Stone Massage	

## ADDITIONAL TREATMENTS

Half Leg Wax	€25.00
Full Leg Wax	€40.00
Arm Wax	€20.00
Under Arm Wax	€15.00
Bikini Line Wax	€18.00
Full Bikini Wax	€25.00
Lip & Chin Wax	€10.00
Facial Threading Eyebrows	€15.00