

# INFORMATION

## OPENING HOURS / HORAIRES / ÖFFNUNGSZEITEN

The Palace Spa is open daily from 8:30am until 8:00pm in summer and 9:00pm in winter. The indoor pool is open daily from 7:30am.

*Le Palace Spa est ouvert tous les jours de 8h30 à 20h00 en été et 21h00 en hiver. La piscine couverte est ouverte tous les jours à partir de 7h30.*

Der Palace Spa ist täglich von 8.30 Uhr bis 20.00 Uhr im Sommer und bis 21.00 Uhr im Winter geöffnet. Das Hallenbad ist täglich ab 7.30 Uhr geöffnet.

## SPA ACCESS / ACCES AU SPA / SPAZUTRITT

- The access to the spa is complimentary for all guests staying at the Gstaad Palace (including La Résidence and Les Chalets du Palace).
- The required minimum age is 16 years, however children are welcome to use the indoor swimming pool.
- The spa access fee for non-hotel guests is CHF 60.– per day, a reservation is necessary.
- With a treatment booking of min. CHF 150.–, the entrance is free of charge.
- *L'accès au spa est gratuit pour tous les clients qui logent au Gstaad Palace (inclus La Résidence et Les Chalets du Palace).*
- *L'âge minimal pour accéder au spa est de 16 ans, néanmoins les enfants sont les bienvenus à la piscine intérieure.*
- *Le prix d'accès au spa pour les clients externes est de CHF 60.– par jour; une réservation est nécessaire.*
- *Lors de la réservation d'un traitement de min. CHF 150.–, l'entrée est gratuite.*
- Der Spazutritt ist kostenlos für alle Hotelgäste (inklusive La Résidence und Les Chalets du Palace).
- Das Mindestalter beträgt 16 Jahre; Kinder sind im Hallenbad willkommen.
- Der Spazutrittspreis für externe Gäste beträgt CHF 60.– pro Tag, eine Reservierung ist notwendig.
- Bei Buchung einer Behandlung von mind. CHF 150.– ist der Eintritt frei.

## RESERVATIONS & CANCELLATIONS / RESERVATIONS ET ANNULATIONS /

### RESERVIERUNG & STORNIERUNG

- An early reservation is recommended; please contact us at +41 (0)33 748 58 90, hotel extension #890 or [spa@palace.ch](mailto:spa@palace.ch).
- Cancellations or rescheduling of appointments less than 24 hours prior to the reserved appointment are subject to a 100% cancellation charge.
- *Une réservation anticipée est recommandée; veuillez nous contacter au +41 (0)33 748 58 90, numéro interne # 890 ou spa@palace.ch.*
- *Dans le cas d'une annulation ou d'un changement de dates 24 heures avant la réservation le montant total du soin sera facturé.*
- Eine frühzeitige Reservierung ist empfohlen; bitte kontaktieren Sie uns unter +41 (0)33 748 58 90, interne Nummer # 890 oder [spa@palace.ch](mailto:spa@palace.ch).
- Bei Stornierungen oder Terminänderungen ab 24 Stunden vor dem reservierten Termin wird der gesamte Betrag belastet.

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Phone: +41 33 748 50 00 - Fax: +41 33 748 50 01  
[info@palace.ch](mailto:info@palace.ch) - [www.palace.ch](http://www.palace.ch)



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SPAS

# PILATES STUDIO

## PILATES STUDIO

### PILATES STUDIO GSTAAD

Pilates private session	55 min	145.– to 160.–
GYROTONIC®/GYROKINESIS® Private session	55 min	155.– to 170.–
Pilates or GYROTONIC®/GYROKINESIS® Duet (2 persons / price per person)	55 min	85.– to 95.–
Pilates or GYROTONIC®/GYROKINESIS® Trio (3 persons / price per person)	55 min	75.– to 85.–
Pilates or GYROKINESIS® Home visit	55 min	Price available on request

Instructions are in English, prices vary depending on the teacher's qualification and experience. Cancellations or rescheduling of appointments less than 48 hours prior to the reserved appointment are subject to a 100% cancellation charge.

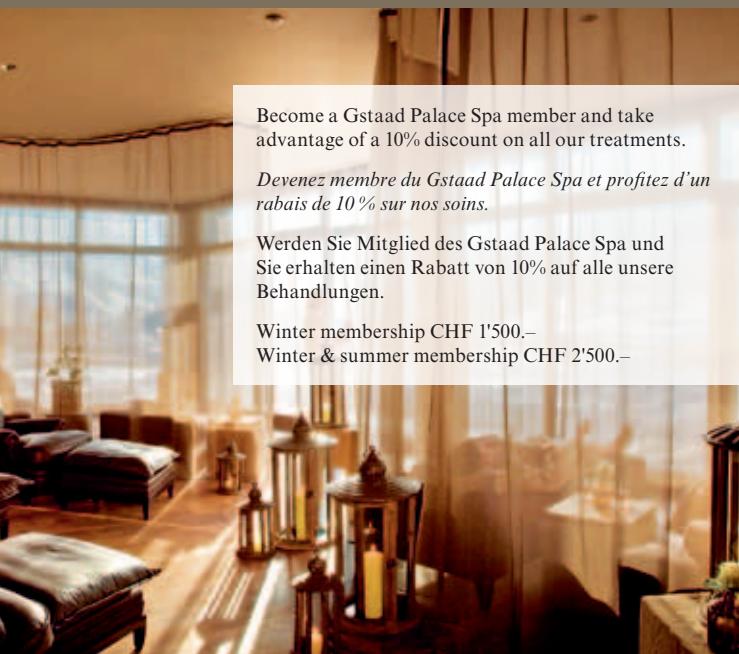
*Les leçons sont en anglais et les prix varient selon les qualifications et expériences du professeur. Dans le cas d'une annulation ou d'un changement de dates 48 heures avant la réservation le montant total de la leçon sera facturé.*

Die Kurse sind in Englisch, die Preise variieren je nach Erfahrung und Qualifikation des Lehrers. Bei Stornierungen oder Terminänderungen ab 48 Stunden vor dem reservierten Termin wird der gesamte Betrag belastet.

For Pilates bookings please contact the following numbers: +41 (0)33 744 10 81, +41 (0)79 363 26 57, hotel extension 301



# SPA MEMBERSHIP & PRIVATE SPA



Become a Gstaad Palace Spa member and take advantage of a 10% discount on all our treatments.

*Devenez membre du Gstaad Palace Spa et profitez d'un rabais de 10 % sur nos soins.*

Werden Sie Mitglied des Gstaad Palace Spa und Sie erhalten einen Rabatt von 10% auf alle unsere Behandlungen.

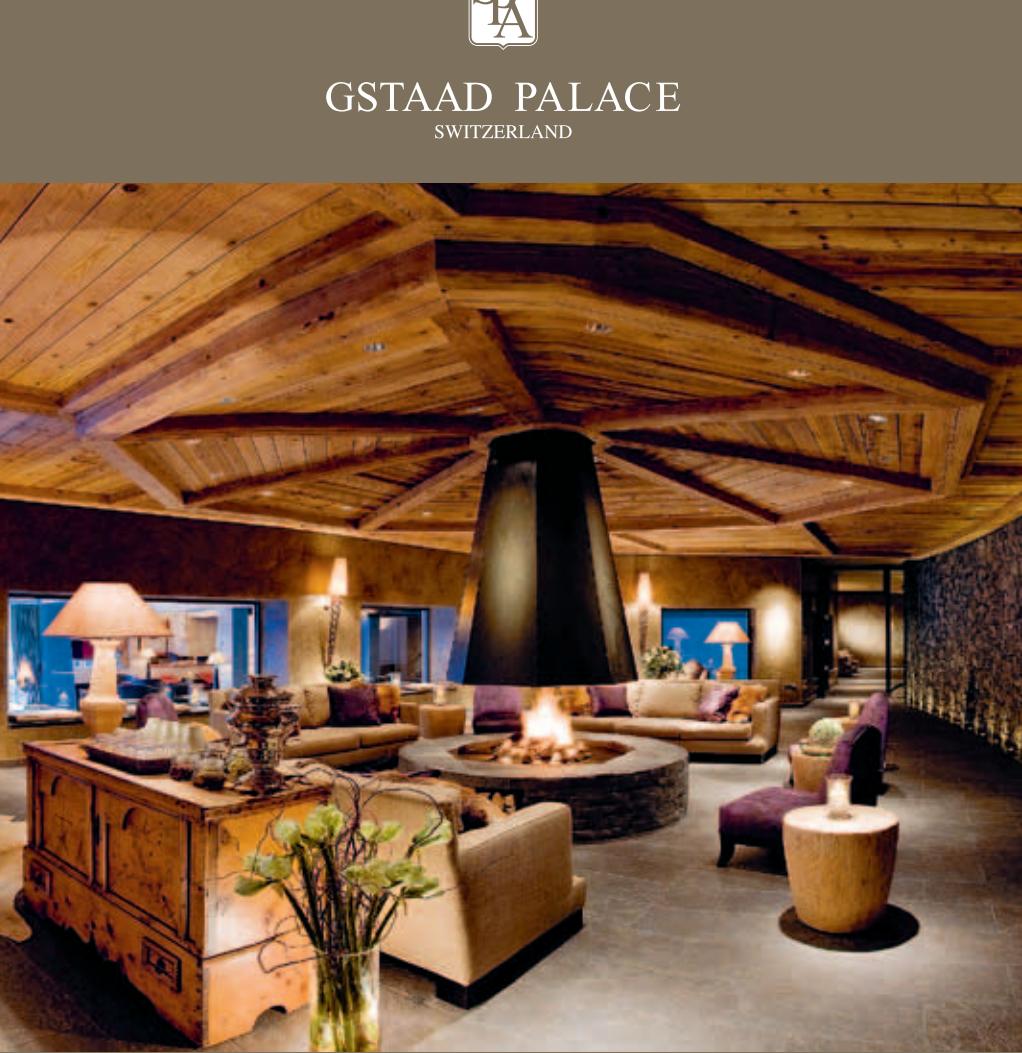
Winter membership CHF 1'500.–  
Winter & summer membership CHF 2'500.–



To enjoy an even greater sense of privacy we invite you to book our exclusive Private Spa.

*Profitez d'une absolue tranquillité en réservant notre Private Spa.*

Geniessen Sie absolute Privatsphäre in unserem exklusiven Private Spa.



## SPA PRICE LIST

## LISTE DES PRIX DE SPA SPA-PREISLISTE



# GSTAAD PALACE SWITZERLAND

## PALACE TREATMENTS

PALACE TREATMENTS				
SIGNATURE TREATMENT				
Hammam Experience (Sharing with another person; price per person)			2 hrs	285.-
Hammam Experience (privat use)			2 hrs	380.-
MASSAGES				
Full body massage	50 min	150.-	80 min	220.-
Aroma therapy massage	50 min	160.-	80 min	240.-
Hot stones massage	50 min	160.-	80 min	240.-
Manual lymph drainage	50 min	160.-	80 min	240.-
Foot reflex massage	25 min	80.-	50 min	160.-
Therapeutical massage			50 min	170.-
Shiatsu	50 min	170.-	80 min	250.-
Thai	50 min	170.-	80 min	250.-
Lomi Lomi	60 min	180.-	90 min	260.-
Deep tissue	50 min	180.-	80 min	250.-
Jardin des Monts energising			75 min	240.-
BEAUTY TREATMENTS				
Manicure short cut & file		25 min	45.-	
Pedicure short cut & file		25 min	55.-	
Manicure complete		50 min	95.-	
Pedicure complete		50 min	110.-	
Manicure deluxe including refreshment and special hand ritual		80 min	150.-	
Pedicure deluxe including refreshment and special foot ritual		80 min	150.-	
Nail polish application included in manicure complete – pedicure complete – manicure deluxe – pedicure deluxe				
Nail polish application		20 min	35.-	
French nail polish application		25 min	55.-	
Eyebrow shaping & tinting			60.-	
Eyelash tinting			30.-	
Various epilations			20.- to 120.-	
Make up day		30 min	60.-	
Make up evening		50 min	90.-	
Make up wedding		50 min	120.-	
Deep cleansing vapor zone and extraction		25 min	90.-	

## PALACE PACKAGES

PALACE PACKAGES				
THAI TIME OUT				
Footbath, head & neck massage, thai massage 60'			1 hr 40 min	245.-
ROYAL MOMENT				
Footbath, papaya scrub, full body massage, Facial Fleur de Bali & deep cleansing, pedicure & manicure short			3 hrs	495.-
MEN'S DAY				
Aromatic scrub with spices, Fleur de Bali & deep cleansing, relaxing aroma massage			1 hr 50 min	385.-
JET LAG				
Papaya scrub, head & neck massage, hot stones 80'			2 hrs	360.-
MUM TO BE				
Footbath with warm stones, lymph drainage massage 80' Saving back massage			2 hrs	310.-
PRIVATE SPA SUITE				
Private Spa Suite with treatments for two, scrub & aroma massage 80'			4 hrs	800.-
Private Spa Suite with treatments for two, aroma massage 50'			3 hrs	600.-
Private Spa Suite basic without treatment			2 hrs	340.-
Additional hour			1 hr	140.-
Private Spa night without treatment from 9pm – 11pm*			2 hrs	450.-
Additional hour Private Spa night*			1 hr	240.-
*Treatments on request from 9pm to 10pm				
FITNESS STUDIO				
The gym features state-of-the art equipment by Technogym.				
PRIVATE LESSON				
Personal trainer			50 min	150.-
Yoga lesson			60 min	160.-
Squash lesson			30 min	40.-
			60 min	80.-

## CLINICA YVO PITANGUY AND SISLEY TREATMENTS

CLINICA YVO PITANGUY TREATMENTS				
Oxygen luxury treatments developed by a specialist with immediate results.				
				
BODY TREATMENTS				
Oxy sculpt & slim body treatment			80 min	510.-
FACIAL TREATMENTS				
Oxy intense treatment			55 min	415.-
Oxy radiance treatment			55 min	415.-
Oxy eye contour treatment			25 min	210.-
BODY MASSAGES				
Ayurvedic massage			50 min	150.-
Balinese massage			50 min	150.-
Traditional oriental massage			50 min	150.-
Sublime massage from Polynesia			80 min	220.-
SISLEY TREATMENTS				
Enjoy the benefits of essential oils and innovative techniques.				
				
BODY TREATMENTS				
Phyto-svelt global body treatment			80 min	270.-
Phyto-aromatic slim & firm			50 min	180.-
Phyto-aromatic intense hydration			50 min	180.-
SCRUBS				
Aromatic scrub with spices			20 min	85.-
Scrub with "Savon Noir Beldi®"			20 min	85.-
Purée de Papaye® radiance scrub			20 min	85.-
Sublime scrub with Monoï Noni			20 min	85.-
FACIAL TREATMENTS*				
Phyto-aromatic facial			50 min	190.-
Phyto-aromatic men's facial			50 min	190.-
Phyto-aromatic anti-aging facial			80 min	290.-
Sisley SUPREMYA anti-muscular aging facial			80 min	450.-
FACIAL TREATMENTS*				
* After a consultation with the beautician one of the following specific treatments will be carried out. Hydrating, Radiance, Confort Extreme, Purifying, Restorative				
* additional 25 min. deep cleansing 90.-				
CINQ MONDES TREATMENTS				
Discover a selection of treatments and massages marked by quality, authenticity and ceremony.				
				
RITUALS, SCRUB & MASSAGE				
Ayurvedic ritual			80 min	220.-
Ritual from Siam			80 min	220.-
Ritual of the Orient			80 min	220.-
Sublime ritual from Polynesia			80 min	220.-
BODY SLIMMING MASSAGES				
Brazilian Crème de Café® massage			50 min	160.-
Crème Minceur Udvartana® massage			50 min	160.-
SCRUBS				
Aromatic scrub with spices			20 min	85.-
Scrub with "Savon Noir Beldi®"			20 min	85.-
Purée de Papaye® radiance scrub			20 min	85.-
Sublime scrub with Monoï Noni			20 min	85.-
FACIAL TREATMENTS*				
*additional 25 min. deep cleansing 90.-				
Fleurs de Bali® express			20 min	85.-
Fleurs de Bali® innovation			50 min	160.-
Ko Bi Do" youthful face care-massage			50 min	160.-
Ko Bi Do" precious youthful face care-massage			80 min	240.-

\*additional 25 min. deep cleansing 90.-

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